

## 2022 Year 9 PASS Scope & Sequence

**Faculty:** PDHPE      **Subject:** PASS      **Year:** 9

	1	2	3	4	5	6	7	8	9	10	11
<b>TERM 1</b>	Bootcamp: Preparation and learning expectations	<p><b>Project:</b> Shark tank – Students examine the role of muscular, skeletal, circulatory and respiratory systems that contribute to movement and the impact of energy and hydration on movement and Physical Activity.</p> <p><b>Title / Unit:</b> <b>Foundations of Physical Activity</b> - Body Systems and energy for physical activity/<b>Enhancing Participation and performance</b> - Promoting Active lifestyles (information, products and organisations)</p> <p><b>Timing:</b> 13 weeks</p> <p><b>Outcomes:</b> <b>PASS5-1, PASS5-2, PASS5-5, PASS5-7, PASS5-9, PASS5-10</b></p> <p><b>Skills:</b> Critical and creative thinking, ICT capability, Personal and social capability</p> <p><b>4Cs:</b> Curiosity, Focus, Make and Express meaning</p> <p><b>Literacy Focus:</b> <b>FoW</b> - Informative Writing, <b>For</b> - RAP,</p> <p><b>Numeracy Focus:</b> Measurement and geometry, Statistics and Probability, Multiplicative strategies, Operating with decimals, Comparing units</p> <p><b>Skills Consolidation from Stage 4:</b> Collaboration, Creativity, Communication, Critical Thinking.</p> <p><b>Assessment data and weightings:</b> 25% <b>Practical Assessment:</b> Skills assessment and Peer – Reflection (identifying muscles in movement) 25%</p>									

	1	2	3	4	5	6	7	8	9	10	
<b>TERM 2</b>				<p><b>Project:</b> Am I capable of becoming a Sports Conditioner? Design a training program that aims to develop Health and Skill related components of fitness to a specific context. Eg upper body strength for wheelchair athletes.</p> <p><b>Title / Unit:</b> Physical Fitness and Fundamentals of Movement Skill Development</p> <p><b>Timing:</b> 10 weeks</p> <p><b>Outcomes:</b> <b>PASS5-1, PASS5-2, PASS5-5, PASS5-6, PASS5-7, PASS5-8, PASS5-9, PASS5-10</b></p> <p><b>Skills:</b> ICT, Critical and creative thinking, Personal and social, Literacy, Numeracy</p> <p><b>4Cs:</b> Curiosity, Make and Express Meaning, Think How and Why, GRIT</p> <p><b>Literacy Focus:</b> FoW – Information report, Summarising FoR – RAP, Monitoring</p> <p><b>Numeracy Focus:</b> Measurement and geometry, Operating with percentages, Comparing units, Additive strategies</p> <p><b>Skills Consolidation from Stage 4:</b> Communication, Creativity, Critical Reflection, Collaboration</p> <p><b>Assessment data and weightings:</b> 20%</p>							

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<b>TERM 3</b>				<p><b>Project:</b> Sports In Action  <b>Title / Unit:</b> Enhancing Participation and Performance – Event Management, Participating with Safety  <b>Timing:</b> 10 weeks  <b>Outcomes:</b> : PASS5-5, PASS5-7, PASS5-8, PASS5-10  <b>Skills:</b> Numeracy, Critical and creative thinking, personal and social capability, ICT capability  <b>4Cs:</b> Teamwork, Influence, Build New Ideas, Think Why and How, GRIT  <b>Literacy Focus:</b> Information reports, Summarising, Visualising,  <b>Numeracy Focus:</b> Quantifying Numbers, Additive strategies, Operating with percentages, Understanding money, Number patterns and algebraic thinking  <b>Skills Consolidation from Stage 4:</b> Creativity, Communication, Critical Reflection, Collaboration  <b>Assessment data and weightings:</b> 30%</p>						

	1	2	3	4	5	6	7	8	9	10
<b>TERM 4</b>				<p><b>Project: Leisure, Lifestyle and Recreation</b> - Practical: develop and demonstrate the following:</p> <ol style="list-style-type: none"> <li>1. Independent and collaborative participation.</li> <li>2. Participate in physical activities of low, medium and high intensities.</li> <li>3. Demonstrate initiative to modify physical activities to suit different needs.</li> <li>4. Water Safety/ Swimming Activities at Kurri Kurri Aquatic Centre</li> </ol> <p><b>Title / Unit: Physical Activity and Sport in Society</b> - Lifestyle, Leisure and Recreation  <b>Timing:</b> 6 Weeks  <b>Outcomes:</b> PASS5-3, PASS5-4, PASS5-5, PASS5-7, PASS5-9, PASS5-10  <b>Skills:</b> ICT, Intercultural Understanding, literacy, numeracy, personal and social  <b>4Cs:</b> Empathy, Influence, Make and Express meaning, Focus  <b>Literacy Focus:</b> summarising, visualising  <b>Numeracy Focus:</b> Interpreting graphs, operating with percentages, additive strategies  <b>Skills Consolidation from Stage 4:</b> Communication, Critical reflection, Collaborating.  <b>Assessment data and weightings:</b> 0%</p>						

