

Year 8 Lifestyle - Scope and Sequence - 2022

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TERM 1	<p>Theory: Click, Like, Share How can we create a safe online community? Discover – How can we create a safe online community at KKHS? Create: Students will host a Cybersafety Exhibition for Year 7 Hub students.</p> <p style="text-align: center;">Outcomes PD4-1, PD4-2, PD 4-3</p> <p>PDHPE skills : Self management :Self awareness, Decision making and problem solving, help seeking Interpersonal : communication, collaboration, inclusion and relationship building, leadership and advocacy Literacy : FoR Monitoring, making connections, summarising FoW Subject specific terminology, Theme position, TEEEC paragraph writing. Numeracy : Graph analysis, interpreting graphs, creating sector graphs. LDW : Think why and how, Build new ideas, Teamwork, Influence</p> <p>Practical: Athletics Students will participate in a range of throwing and running events Outcomes: PD 4-4,PD4-5, PD 4-10, PD4-11</p> <p>PDHPE Skills : Self management : Developing personal identity, Movement : Fundamental and specialised movement skills Physical Literacy Focus: Persistence and Independence, Values and attitudes, Behavioural skills, Safety Numeracy: Measurement LDW : Grit and Focus</p> <p style="text-align: center;">Assessment : Athletics Term 1 Week 7</p> <p>Integrated Sport : Modified Games : Students participate in a range of recreational activities. Outcomes: PD4 -8; PD4- 6;</p> <p>PDHPE Skills : Self management : Developing personal identity, social awareness. Interpersonal : Collaboration inclusion and relationship building, communication Movement : Tactical movement, fitness and health enhancing movement Physical Literacy Focus : Social Attributes, Tactical movement. Numeracy: Scoring systems, spatial awareness. LDW : Focus, Teamwork,</p>										
	Assessment Task Create a Cybersafety resource DUE Term 2 Week 3										

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TERM 2	<p>Theory : Let's Get Physical Discover : KKHS Find your 30! Create: Students will work collaboratively to research the importance of an active healthy lifestyle and create a fitness campaign to encourage the Kurri Kurri community to find their 30!</p> <p style="text-align: center;">Outcomes: PD4-6, PD 4-7, PD 4-8</p> <p>PDHPE Skills: Self management: decision making and problem solving, self awareness Interpersonal : Communication, Collaboration and relationship building, leadership and advocacy, social awareness Movement : Health and fitness enhancing movement. Literacy : FoR monitoring, questioning, summarising FoW Subject specific terminology, Theme position,</p>									

	<p>Numeracy: Interpreting graphs, statistics LDW : Build new ideas, Think why and how, Teamwork, Influence</p> <p>Intergrated Sport: Fitness and Tag Games Students participate in a range of Fitness based and Tag/Invasion games. Outcomes : PD 4-4,PD 4-5, PD 4-11</p> <p>PDHPE Skills: Self management : Personal identity, social awareness, decision making and problem solving. Interpersonal : Communication, collaboration, inclusion and relationship building. Movement: fundamental and specialized movement, Tactical movement, Health and Fitness enhancing movement.</p> <p>Physical Literacy Focus: Tactical movement, Social Attributes Numeracy: Spatial awareness LDW: Teamwork, Focus, Grit</p> <p>PE Practical lessons : Basketball Students participate in skill development activities as well as a structured Basketball round Robin Competition.</p> <p>Outcomes : PD 4-9, 4-10,4-6,4-3.</p> <p>PDHPE Skills : Self management: Strengthening personal identity, self awareness, decision making and problem solving. Interpersonal : Communication , collaboration, inclusion and relationship building, Movement : Fundamental and specialized movement, tactical movement, fitness and health enhanced movement.</p> <p>Physical literacy Focus: Movement competencies, Tactical movement, Social Attributes Numeracy : Additive strategies LDW : Teamwork, Empathy, Think why and how, Focus , Grit</p>
	Assessment Task KKHS Find your 30 Google site DUE Term 3 Week 3

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TERM 3	<p>Theory and Practical Sports in Action: Netball Students develop and implement event management skills to organise and run the Kookaburra Cup . A transition activity for Yr 6 students in Term 3. Outcomes : PD 4-9, PD4-10, PD4-6, PD4-3</p> <p>PDHPE Skills : Self management : Strengthening personal identity, decision making and problem solving. Interpersonal : communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness Movement : Specialised movement, tactical movement, fitness and health enhancing movement.</p> <p>Literacy: FoR Making connections, questioning, monitoring FoW Subject specific terminology, Given and new Numeracy : Statistics, Additive strategies, division and multiplication strategies, team and player performance based on data. LDW : Think why and how, Build new ideas, Teamwork, Focus, Grit, Empathy</p> <p>Integrated Sport Netball skills and round robin competition Outcomes:PD4-4; PD4-7; PD4-8</p> <p>Physical Literacy Focus: Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication, Conflict resolution PDHPE skills Self management : Strengthening personal identity, decision making and problem solving. Interpersonal : communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness Movement : Specialised movement, tactical movement, fitness and health enhancing movement.</p> <p>Numeracy: Spatial awareness, scoring systems. LDW : Teamwork, Grit, Focus, Influence, Think why and how, Build new ideas.</p>									
	Assessment Task Participation in Netball Hub Tournament as a player and committee member DUE Term 4 Week 3									

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Theory Your Body, your Choice Students create an advertisement regarding the effects of Tobacco, Cannabis or Alcohol on young people.

Outcomes PD 4-6, PD4-7

PDHPE Skills : Self management : Emotion and stress management, decision making and problem solving.

Interpersonal : Empathy building, social awareness,

Literacy : FoR monitoring, summarising. **FoW** Theme position, Given and new, TEEEC paragraph, persuasive writing

Numeracy : Interpreting Graphs

LDW : Think why and how, make and express meaning.

Practical Modified Striking Games

Outcomes PD 4-4, PD4-5

PDHPE Skills : Self management : Strengthen personal identity.

Interpersonal : communication, collaboration, inclusion and relationship building.

Movement : Fundamental and specialised movement, tactical movement.

Physical Literacy Focus : Movement competencies, Tactical Movement, Social attributes

Numeracy: Scoring systems

LDW: Teamwork, Think why and How, Curiosity, Focus

Integrated Sport Movement Composition / Aquatics

Outcomes PD4-4, PD4-5, PD4-10, PD4-11

PDHPE skills : Self management : Strengthening personal identity, social awareness.

Interpersonal : Communication

Movement : Specialised movement skills, health and fitness enhancing skills

Physical Literacy focus : Movement Competencies, Motivational and Behavioural Skills

LDW : Focus, Grit