

2023 - Year 8 Scope & Sequence

Faculty:
PDHPE

Subject:
Lifestyle

Year: 8

	1	2	3	4	5	6	7	8	9	10
Term 1	<p>Project: Respect Online Title / Unit: Click, Like, Share Content Focus: Students will explore relevant online safety issues such as Sexting, Cyberbullying and Digital footprint. They will create an Infographic and an online safety campaign to educate the wider school community. Outcomes: PD4-1, PD4-2, PD 4-3 Subject Specific Skills: Self management :Self awareness, Decision making and problem solving, help seeking Interpersonal : communication, collaboration, inclusion and relationship building, leadership and advocacy, social awareness 4Cs: Collaboration Literacy: Visual literacy skills, summarising Numeracy: Graph analysis skills</p> <p>Practical: Athletics Students will participate in a range of throwing and running events Outcomes: PD 4-4, PD4-5, PD 4-10, PD4-11 PDHPE Skills : Self management : Developing personal identity, Movement : Fundamental and specialised movement skills Physical Literacy Focus: Persistence and Independence, Values and attitudes, Behavioural skills, Safety Numeracy: Measurement LDW : Grit and Focus Integrated Sport : Modified Games : Students participate in a range of Modified Games. Outcomes: PD4-8, PD4-6 PDHPE Skills : Self management : Developing personal identity, self awareness. Interpersonal : Collaboration inclusion and relationship building, communication Movement : Tactical movement, fitness and health enhancing movement Physical Literacy Focus : Social Attributes, Tactical movement. Numeracy: Scoring systems, spatial awareness. 4C's : Focus, Teamwork,</p> <p style="text-align: center;">Assessment: Theory: Cyber Safety Campaign Term 2 Week 3 Practical: Athletics Term 1 Week 8</p>									

	1	2	3	4	5	6	7	8	9	10
Term 2	<p>Unit: Theory: Let's Get Physical Title : KKHS Find your 30!</p>									

	<p>Content: Students will work collaboratively to research the importance of an active healthy lifestyle and create a fitness campaign to encourage the Kurri Kurri community to find their 30!</p> <p>Outcomes: PD4-6, PD 4-7, PD 4-8</p> <p>PDHPE Skills: Self management: decision making and problem solving, self awareness Interpersonal: Communication, Collaboration and relationship building, leadership and advocacy, social awareness Movement: Health and fitness enhancing movement.</p> <p>Literacy: FoR monitoring, questioning, summarising FoW Subject specific terminology, Theme position,</p> <p>Numeracy: Interpreting graphs, statistics</p> <p>4C: Build new ideas, Collaboration, Creativity</p> <p>Intergrated Sport: Fitness and Tag Games Students participate in a range of Fitness based and Tag/Invasion games.</p> <p>Outcomes : PD4-4, PD4-5, PD4-11</p> <p>PDHPE Skills: Self management : Personal identity, decision making and problem solving. Interpersonal: Communication, collaboration, social awareness, inclusion, and relationship building. Movement: fundamental and specialized movement, Tactical movement, Health and Fitness enhancing movement.</p> <p>Physical Literacy Focus: Tactical movement, Social Attributes</p> <p>Numeracy: Spatial awareness</p> <p>4Cs:Teamwork, Focus, Grit</p> <p>PE Practical lessons: Basketball Students participate in skill development activities as well as a structured Basketball round Robin Competition.</p> <p>Outcomes: PD 4-9, PD4-10, PD4-6, PD4-3, PD4-5</p> <p>PDHPE Skills: Self management: Strengthening personal identity, self awareness, decision making and problem solving. Interpersonal: Communication, collaboration, inclusion and relationship building, Movement: Fundamental and specialized movement, tactical movement, fitness and health enhanced movement.</p> <p>Physical literacy Focus: Movement competencies, Tactical movement, Social Attributes</p> <p>Numeracy: Additive strategies</p> <p>4C's: Teamwork, Empathy, Think why and how, Focus, Grit</p> <p style="text-align: center;">Assessment: Theory Fitness Promotion T3 Week 8 Practical: Basketball Self and Peer Observation</p>									

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Term 3	<p>Project: Sports in Action Title / Unit: Netball Hub Cup Content Focus: This is a combined theory and practical unit of work. Students develop and implement event management skills to organise and run the Kookaburra Cup. A transition activity for Yr 6 students in Term 3.</p> <p>Outcomes: PD4-9, PD4-10, PD4-6, PD4-3, PD4-4; PD4-7, PD4-8</p> <p>Subject Specific Skills:</p> <p>PDHPE Skills: Self management : Strengthening personal identity, decision making and problem solving. Interpersonal : communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness Movement: Specialised movement, tactical movement, fitness and health enhancing movement.</p>									

	<p>4Cs: Critical Thinking, Collaboration, Communication, Creativity Literacy: Making connections, questioning, monitoring FoW Subject specific terminology, Given and new Numeracy: Statistics, Additive strategies, division and multiplication strategies, team and player performance based on data</p> <p>Integrated Sport: Netball skills and round robin competition Physical Literacy Focus: Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication, Conflict resolution PDHPE skills Self-management : Strengthening personal identity, decision making and problem solving and self awareness Interpersonal: communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness Movement: Specialised movement, tactical movement, fitness and health enhancing movement. Numeracy: Spatial awareness, scoring systems. 4C's: Teamwork, Grit, Focus, Influence, Think why and how, Build new ideas.</p>									
	Assessment Theory and Practical Term 4 Week 3									

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Term 4	<p>Unit: Theory Your Body, your Choice Content Focus: Students explore the short and long term consequences of Tobacco, Alcohol and Drug Use. Outcomes PD4-6, PD4-7 PDHPE Skills: Self management : Emotion and stress management, decision making and problem solving. Interpersonal: Empathy building, social awareness, Literacy: FoR monitoring, summarising. FoW Theme position, Given and new, TEEEC paragraph, persuasive writing Numeracy: Interpreting Graphs 4C's: Think why and how, make and express meaning.</p>										
	<p>Practical: Modified Striking Games Outcomes PD 4-4, PD4-5 PDHPE Skills: Self management : Strengthen personal identity. Interpersonal: communication, collaboration, inclusion and relationship building. Movement: Fundamental and specialised movement, tactical movement.</p>										
	<p>Physical Literacy Focus: Movement competencies, Tactical Movement, Social attributes Numeracy: Scoring systems 4C's: Teamwork, Think why and How, Curiosity, Focus</p>										
	<p>Integrated Sport Movement Composition / Aquatics Outcomes PD4-4, PD4-5, PD4-10, PD4-11 PDHPE skills: Self management : Strengthening personal identity, social awareness. Interpersonal: Communication Movement: Specialised movement skills, health and fitness enhancing skills Physical Literacy focus: Movement Competencies, Motivational and Behavioural Skills 4C's: Focus, Grit</p>										
	No assessment										

