

Year 7 Lifestyle - Scope and Sequence - 2022

	1	2	3	4	5	6	7	8	9	10	11
TERM 1	<p>Theory: GRIT - Do you have it? Discover: Helping seeking Strategies and Protective Strategies and developing skills in assessing and accessing Health Information. Create: In huddle groups students create a Mental Health Toolkit to be suitable for displaying at Headspace and R U OK day festival Theory Outcomes: PD4-1; PD4-2</p> <p>PDHPE skills : Self management : emotion and stress management, help seeking. Interpersonal : communication, empathy building, social awareness Literacy : Visual literacy, FoW Subject specific terminology, Theme position. FoR : Summarising skills. Writing Skills : Basic punctuation, Capital letters. Numeracy : Interpreting statistics, graph analysis. LDW : Grit, Focus, Teamwork, Curiosity, Empathy</p> <p>Practical Practical KKHS Survivor Students participate in a range of challenge and initiative activities in Mob groups as well as a range of modified games to improve students' ability to utilise strategies needed to deal with complex situations. Practical Outcomes: PD4- 4; PD4 – 5, PD4-10 and PD4-11</p> <p>PDHPE Skills : Self management : Strengthening personal identity, self awareness, decision making and problem solving. Interpersonal : communication, collaboration inclusion and relationship building, leadership and advocacy, social awareness. Movement : Tactical movement. Physical Literacy Focus : Movement Competencies, Tactical movement. Numeracy : Scoring systems, number patterns. LDW : Grit, Focus, Teamwork</p> <p>Integrated Sport: Athletics . Numeracy : Measurement</p>										
	Assessment Task Project – Theory: Mental Health toolkit Term 2 week 2 Prac: Survivor Challenges ongoing throughout Term 1										

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TERM 2	<p>Theory: Who's Your Bae? Discover - What is a Respectful Relationship. How can we recognise abuse in relationships and develop skills to be positive at KKHS. Create: Storyboards and Multi Media Resource for Year 6 Transition day. Theory Outcomes: PD4 -2; PD4- 3; PD4 – 10</p> <p>PDHPE skills : Self management : Strengthening Personal identity, self awareness, help seeking Interpersonal : communication, collaboration , inclusion and relationship building, empathy building, social awareness. Literacy : Sentence structure, grammar and punctuation, descriptive writing FoW : Subject specific terminology, packed noun groups FoR Monitoring and questioning Numeracy : Statistics LDW Focus: Think why and how, Empathy Rock and Water this program is an experience that provides young people and adults a pathway to self-awareness, and increased self-confidence and social functioning. A series of exercises and games are practised to develop confidence and self-reflection. Rock and Water will run as POD activities during the Who's your Bae theory lessons.</p>									

Practical Outcomes: PD4-9, PD4-10, PD4-11									
Physical Literacy Focus: Persistence and Independence, Values and attitudes, Behavioural skills, Safety									
LDW Focus : Grit, Focus, Influence									
Practical Fundamental Movement skills									
Students will participate in skills testing and a range of modified games to improve their fundamental movement skills.									
Practical Outcomes : PD4-4, PD4-11									
PDHPE Skills : Self management : Strengthening personal identity, decisions making and problem solving									
Interpersonal : Communication, collaboration, inclusion and relationship building.									
Movement skills : Fundamental movement skills, Tactical movement, health and fitness enhancing movement.									
Physical Literacy Focus: Cooperation and Communication, Inclusion, Safety, Thinking in Action, Knowledge of Physical Activity context									
Numeracy: Scoring systems, number patterns.									
LDW : Grit, Focus, Teamwork, Influence									
Integrated Sport									
Oz Tag : Students participate in skill development activities and a structured round robin competition									
Practical Outcomes: Outcomes: PD4-3; PD4-4; PD4-5, PD4-11									
PDHPE Skills : Self management : Strengthening personal identity, self awareness, decision making and problem solving,									
Interpersonal : Communication, collaboration, inclusion and relationship building.									
Movement : Fundamental and specialised movement, tactical movement.									
Physical Literacy Focus : Combinations, Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication									
Numeracy : Scoring systems. Spatial awareness.									
LDW : Teamwork, Focus, Grit									
Assessment Task Project – Theory: Multi media resource Due Term 3 Week 2 Prac: Fundamental Movement skills									

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TERM 3	Theory and Practical Sports in Action: Soccer									
	Students develop and implement event management skills to organise and run their Hub Tournament.									
	Integrated Sport									
	Soccer skills and round robin competition									
	Theory and Practical Outcomes PD4-3:PD4-4,PD4-6 PD4-7,PD4-8,PD4-9, PD4-10									
	PDHPE Skills : Self management : Strengthening personal identity, decision making and problem solving.									
	Interpersonal : communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness									
	Movement : Specialised movement, tactical movement, fitness and health enhancing movement.									
	Physical Literacy Focus: Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication, Conflict resolution									
	Literacy : FoW : Theme position, Given and New, subject specific terminology. For Making connections, summarising									
Numeracy : Statistics, Graph analysis, Scoring Systems, measurement.										
LDW : Think why and How, Grit, Focus, Teamwork, Empathy, Influence										
Assessment Task Participation in SIA tournament as a player and committee member DUE Term 4 Week 2										

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	Theory									

Nutrition: Fuel me right? - Students develop skills in critical literacy as they describe and evaluate a variety of sources of health information, products and services.
Create : They focus specifically on products and services designed to address the health needs of young people, critically analyse those that make substantial claims for success and describe the cues that indicate accuracy and reliability. Student's legacy plan is to create QR codes for school canteen.

Theory Outcomes: PD4-6; PD4-7

PDHPE Skills: Self management : Decision making and problem solving, help seeking.

Interpersonal : Leadership and advocacy

Literacy : FoR Super 6 strategies **FoW** Theme position, subject specific terminology, TEEEC paragraph.

Numeracy : Interpreting Graphs

LDW : Build new ideas, Think why and How, Make and express meaning

Practical : Striking and Fielding

Practical Outcomes PD4-4, PD4-11

PDHPE Skills : Self management : decision making and problem solving

Interpersonal : Communication, collaboration inclusion and relationship building

Movement : Specialised movement skills, Tactical movement.

Physical Literacy Focus Combinations, Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication.

Numeracy : Scoring systems, measurement,

Integrated Sport: T-Ball

Practical Outcomes:PD4-8; PD4-10; PD4-11

PDHPE Skills : Self management : decision making and problem solving

Interpersonal : Communication, collaboration inclusion and relationship building

Movement : Specialised movement skills, Tactical movement

Numeracy : Scoring systems, interpreting player and team performance, spatial awareness.

LDW : Teamwork, Grit, Think why and how

Assessment Task | Formative assessment QR Code for school canteen. |