

2023 – Year 7 Scope & Sequence

Faculty: HUBS

Subject:
Lifestyle

Year: 7

	1	2	3	4	5	6	7	8	9	10	11
Term 1	<p>Project: In huddle groups students create a Mental Health Toolkit to be suitable for displaying at Headspace and R U OK day festival Title / Unit: GRIT - Do you have it? Content Focus: Helping seeking Strategies and Protective Strategies and developing skills in assessing and accessing Health Information. Outcomes: PD4-1; PD4-2 Subject Specific Skills: Self management : emotion and stress management, help seeking. Interpersonal : communication, empathy building, social awareness Literacy: Visual literacy, FoW Subject specific terminology, Theme position, basic punctuation, capital letters. Numeracy: Interpreting statistics, graph analysis. 4C's : Grit, Focus, Teamwork, Curiosity, Empathy</p> <p>Practical Practical KKHS Survivor Students participate in a range of challenge and initiative activities in Mob groups as well as a range of modified games to improve students' ability to utilise strategies needed to deal with complex situations. Practical Outcomes: PD4-9 PD4-10 Subject Specific Skills : Self management : Strengthening personal identity, self awareness, decision making and problem solving. Interpersonal : communication, collaboration inclusion and relationship building, leadership and advocacy, social awareness. Movement : Tactical movement. Physical Literacy Focus : Movement Competencies, Tactical movement. Numeracy : Scoring systems, number patterns. 4C'S: Grit, Focus, Teamwork</p> <p>Integrated Sport: Fundamental movement skills (5 weeks) Rock and Water (5 Weeks)</p>										
	<p style="text-align: center;">Assessment Task Theory: Project : Theory Mental Health Toolkit Term 2 Week 2 Assessment Task Practical : Survivor Challenges ongoing through Term 1</p>										

	1	2	3	4	5	6	7	8	9	10
Term 2	<p>Project: Storyboards and Multi Media Resources for Year 6 Transition day. Title / Unit: Who's Your Bae? Content Focus: What is a Respectful Relationship? How can we recognise abuse in relationships and develop skills to be positive at KKHS.</p>									

Outcomes: PD4-2; PD4- 3; PD4-10 PD4-9, PD4-11

Subject Specific Skills: Self management : Strengthening Personal identity, self awareness, help seeking

Interpersonal : communication, collaboration , inclusion and relationship building, empathy building, social awareness.

Physical Literacy Focus: Persistence and Independence, Values and attitudes, Behavioural skills, Safety

Literacy: Sentence structure, grammar and punctuation, descriptive writing FoW : Subject specific terminology, packed noun groups FoR Monitoring and questioning

Numeracy: Statistics

4C's : Think why and how, Empathy

Practical

Athletics (5 weeks)

Students will participate in drills and modified games to improve their technique in Athletic events.

Practical Outcomes : PD4-4, PD4-1

Game Sense (5 weeks) : Students will participate in small sided games to incorporate strategies and tactics.

Practical Outcomes : PD4-9, PD4-11

PDHPE Skills : Self management : Strengthening personal identity, decisions making and problem solving

Interpersonal : Communication, collaboration, inclusion and relationship building.

Movement skills : Fundamental movement skills, Tactical movement, health and fitness enhancing movement.

Physical Literacy Focus: Cooperation and Communication, Inclusion, Safety, Thinking in Action, Knowledge of Physical Activity context

Numeracy: Scoring systems, number patterns.

4C's : Grit, Focus, Teamwork, Influence

Integrated Sport

Oz Tag : Students participate in skill development activities and a structured round robin competition

Outcomes:PD4-3; PD4-4; PD4-5, PD4-11

PDHPE Skills : Self management : Strengthening personal identity, self awareness, decision making and problem solving,

Interpersonal : Communication, collaboration, inclusion and relationship building.

Movement : Fundamental and specialised movement, tactical movement.

Physical Literacy Focus : Combinations, Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication

Numeracy : Scoring systems. Spatial awareness.

4C's : Teamwork, Focus, Grit

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Assessment Task | **Project – Theory:** Multi media resource Due Term 3 Week 2

Practical: Fundamental Movement skills Ongoing throughout Term 2

	1	2	3	4	5	6	7	8	9	10
Term 3	Project: Sports in Action									
	Title / Unit: Can we run a Soccer competition in our Hub?									
	Content Focus: This integrated theory and practical unit will have students using their event management skills to organise and run their Hub soccer competition.									
	Outcomes: PD4-3:PD4-4,PD4-6 PD4-7,PD4-8,PD4-9, PD4-10									

<p>Subject Specific Skills: Self management : Strengthening personal identity, decision making and problem solving. Interpersonal : communication, collaboration, inclusion, relationship building, empathy building, leadership and advocacy, social awareness Movement : Specialised movement, tactical movement, fitness and health enhancing movement. Physical Literacy Focus: Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication, Conflict resolution Literacy: Theme position, Given and New, subject specific terminology. FoR Making connections, summarising Numeracy: Statistics, Graph analysis, Scoring Systems, measurement. 4C'S Think why and How, Grit, Focus, Teamwork, Empathy, Influence</p>									
Assessment Task Participation in SIA tournament as a player and committee member DUE Term 4 Week 2									

	1	2	3	4	5	6	7	8	9	10
Term 4	<p>Project: Student's legacy plan is to create QR codes for school canteen. Title / Unit: Fuel me right? Content Focus: Students develop skills in critical literacy as they describe and evaluate a variety of sources of health information, products and services Outcomes: PD4-6; PD4-7 Subject Specific Skills: Self management : Decision making and problem solving, help seeking. Interpersonal : Leadership and advocacy Literacy: Theme position, subject specific terminology, TEEEC paragraph. Numeracy: Interpreting Graphs 4C's : Build new ideas, Think why and How, Make and express meaning</p> <p>Practical : Striking and Fielding Outcomes PD4-4, PD4-11 PDHPE Skills : Self management : decision making and problem solving Interpersonal : Communication, collaboration inclusion and relationship building Movement : Specialised movement skills, Tactical movement. Physical Literacy Focus Combinations, Thinking in Action, Knowledge of physical activity contexts, Safety, Inclusion, Cooperation and Communication. Numeracy : Scoring systems, measurement,</p> <p>Integrated Sport: T-Ball PD4-8; PD4-10; PD4-11 PDHPE Skills : Self management : decision making and problem solving</p>									

Interpersonal : Communication, collaboration inclusion and relationship building

Movement : Specialised movement skills, Tactical movement

Numeracy : Scoring systems, interpreting player and team performance, spatial awareness.

4C's : Teamwork, Grit, Think why and how

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Assessment Task : Formative assessment QR Code for school canteen