

Kurri Kurri High School

Year 9 PDHPE Assessment Schedule 2024

Course: PDHPE

	Task 1	Task 2	Task 3	Task 4	Task 5
Due Date/ Date of Task	Term 1 Week 7	Term 3 Week 1	Term 3 Week 7	Term 3 Week 10	Ongoing through Term 2 and Term 4
Topic	Lifelong Physical Activity	Celebrating Diversity	Racquet Sports	R U OK?	Practical
Name of Task	Modified Fitness Game	Marginalised Group Action Plan	Practical	Mental Health Fitness Plan	Cultural Games and Recreational Games
Brief Description	Students will work collaboratively to create a modified fitness games with direct links to the health-related fitness components. Student's individual submission will be a TEEEC paragraph justifying choice of fitness games in relation to health-related components of fitness.	Students will work collaboratively to create an action plan with the aim of improving inclusivity in the local community. Students' individual submission will be the creation of a diversity prompt which represents the value of diversity.	Students will be assessed on their movement skills and tactical development during the Racquet Sports unit of work. Assessment will include self-assessment and peer assessment.	Students work collaboratively to create a Mental Health Fitness Plan that propose and implement strategies and actions that influence KKHS students wellbeing. Students individual submission will be a comprehension activity.	Students will be assessed on their ongoing movement skills demonstrated in practical lessons.
Components	Knowledge and understanding related to the importance of lifelong physical activity and the health-related fitness components.	Ability to analyse the contextual factors that have an impact on the health, safety, wellbeing of individuals and groups, including Aboriginal and Torres Strait Islander as well as other marginalised groups within our community.	Provide and apply feedback to develop and refine specialised movement skills in a range of challenging movement situations	Knowledge and understanding of Australia's Mental Health issues. Student will also evaluate current strategies and actions that support positive mental health in the local community.	Ability to adapt and improvise movement skills across a range of physical activity contexts.

Syllabus Outcomes Assessed	PD5-5 PD5-8 PD5-9	PD5-3 PD5-10	PD5-1 PD5-4 PD5-11	PD5-2 PD5-6 PD5-7	PD5-11
Skills Assessed	Health and fitness enhancing movement, Collaboration Literacy: Subject specific Terminology, theme position, TEEC paragraph writing	Communication and collaboration. Literacy: Subject specific terminology, summarising, visual literacy.	Fundamental and specialised movement. Tactical and creative movement. Reflective practise	Emotion and stress management, help seeking skills. Comprehension, Interpreting Data and Statistics	Fundamental and Specialised movement, tactical movement.
Weighting	20%	20%	20%	20%	20%